

# [ NOURISH CAFÉ ]

## HOT BEVERAGES

	8oz	12oz	16oz
Cappuccino, Flat White or Latte	4.0	4.4	5.0
Espresso or Macchiato	3.8		
Mocha or Hot chocolate	4.0	4.4	5.0
Tea	3.8		
Pot of Tea	4.0		

## SMOOTHIES

Berry Crush Smoothie (dairy free)		7.0	
Mango Chill Smoothie		7.0	
Banana Bender Smoothie		7.0	
- Add protein powder to any smoothie		2.0	

## MILKSHAKES

Thickshakes		5.5	
- Add protein powder to any thickshake		2.0	

## OTHER DRINKS

Iced Coffee		5.5	
Iced Chocolate		5.5	
- Add protein powder to any iced beverage		2.0	
Coconut Water		5.15	
Bottled Juice (selected flavours)		5.10	
Monster		6.35	
Coca Cola (selected products)		4.6	
Powerade (selected flavours)		5.0	

## FOOD

Assorted Toasted Turkish		9.0	
Assorted Wraps		8.0	
Assorted Sandwiches		5.0	
Porridge		7.5	
Bircher Muesli		7.5	
Berry Yoghurt with toasted muesli		7.5	
Fruit Salad		7.0	
Mango Honey and Chia Pudding		7.5	
Salad Pot		7.5	
- Add chicken		3.0	

Full Wests membership card must be swiped to receive 10% discount.