

BALANCE COLLECTIVE

NEW LAMBTON

TIMETABLE

EFFECTIVE FROM MONDAY 15 FEBRUARY 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN	5.30AM – 8PM	5.30AM – 8PM	5.30AM – 8PM	5.30AM – 8PM	5.30AM – 8PM	7AM – 11AM	CLOSED
24/7 ACCESS AVAILABLE WITH MEMBERSHIP UPGRADE							
RECEPTION	5.30AM – 8PM	5.30AM – 8PM	5.30AM – 8PM	5.30AM – 8PM	5.30AM – 8PM	7AM – 11AM	CLOSED
CRÈCHE	8.30AM – 11AM	8.30AM – 11AM	8.30AM – 11AM	8.30AM – 11AM	8.30AM – 11AM	7.30AM – 10.30AM	CLOSED
5.40 – 6.20AM	Attitude	Base HIIT	Athletica	Enduro Fit	Blend GT		
6.25 – 7.05AM	Attitude	Base HIIT	Athletica	Enduro Fit	Blend GT		
7.30AM						Coming Soon	
8.20AM						Coming Soon	
8.30AM	Coming Soon	Coming Soon	Coming Soon	Coming Soon	Coming Soon		
9.20 – 10AM	Attitude	Base HIIT	Athletica	Enduro Fit	Blend GT		
9.30 – 10.20AM	Spin		Spin		Spin		
4.45PM	Coming Soon		Coming Soon				
5.30PM	Coming Soon	Coming Soon	Coming Soon	Coming Soon			

MEMBERS ARE REQUIRED TO BOOK FOR ALL CLASSES.**Booking steps:**

- Bookings will open an hour prior to each class.
Visit reception or call 4935 1280 to reserve your spot.
- Upon arrival please see Reception to collect your entry ticket and then present this to your class instructor.

Note: Bookings can only be made by the person attending the class. Classes that commence in our first hour of trading will be a first come first serve basis. Back to back bookings aren't permitted however members are welcome to wait and if the class isn't at full capacity they can attend.

4935 1280

BALANCECOLLECTIVE.COM.AU

*All classes are subject to change. BAL0576_0221